



NO HIT ZONE

THIS IS A SAFE ZONE

No Adult Shall Hit A Child

No Adult Shall Hit Another Adult

No Child Shall Hit An Adult

No Child Shall Hit Another Child

Help create an environment of safety
and comfort for all patients, family and staff.

PARENTING IS HARD, WE ARE HERE FOR YOU.

DID YOU KNOW?

Spanking does not teach a child how to behave appropriately and can actually make a child's behavior worse.

Spanking can lead to physical and mental health problems as adults.



CHILDREN LEARN BEST THROUGH POSITIVE GUIDANCE.

WHAT CAN YOU DO?

Be realistic: expect your child to act like a child.

Be consistent: build structure and routine in your child's day.

Model positive ways to solve problems: children learn by watching you.

Catch them being good: praise your child when they show positive behavior.

WE KNOW THAT PARENTING CAN BE CHALLENGING.

Ask our staff for help and more information.

UT★Physicians

A Part of UTHealth